



Rampage Strength & Conditioning

Village of Manlius Recreation Program Registration Form

March 4th – April 11th, 2019

To register please complete this form and mail it to the Village of Manlius Recreation Department, 1 Arkie Albanese Ave., Manlius, NY 13104. Walk in registrations are taken in the clerk's office. All classes are on a first come, first serve basis. The department reserves the right to limit or cancel any program. The department does not carry accident insurance for its participants. No refunds are issued upon the start of the program unless the class has been canceled. Make checks payable to the **"Village of Manlius"**. **Maximum twelve (12) participants, minimum of eight (8) for session to run.**

Parent's Name: _____ Home Phone/Cell: (_____)_____

Address: _____ City: _____

Email: _____
(you will only be contacted for class cancellations)

Participant's Name: _____ Age: _____

Emergency Contact Name: _____ Emergency Phone Number: (_____)_____

Strength & Conditioning Class

Located at the Village Centre Gym

Village Residents: \$120.00 _____

Non-Village Residents: \$150.00 _____

If there is a Sibling also enrolling please check _____

Please make checks payable to the "Village of Manlius"

In consideration in being able to participate in this program, I, the undersigned; intending to be legally bound hereby, for myself, my heirs, executors, and administrators, waived and release any and all rights and claims of any kind I may have against The Village of Manlius Recreation Department; or instructors contracted by The Village of Manlius Recreation Department, including injury, illness, or property loss suffered by me/my child which might occur while participating in The Village of Manlius Recreation programs.

Signature: _____ Date: _____

Email Address: _____

Would you like to be added to our contact list for upcoming programs and events? You can opt out at any time.

Please Indicate Below Which Class and Schedule for Registration

- | | |
|--|--------------------------------------|
| <input type="checkbox"/> <u>Adolescent A (14-18) Fitness Class</u> | Tuesday & Thursday from 6:00-7:00 pm |
| <input type="checkbox"/> <u>Youth A (7-12) Fitness Class</u> | Monday & Wednesday from 4:00-5:00 pm |
| <input type="checkbox"/> <u>Youth B (10-13) Fitness Class</u> | Tuesday & Thursday from 4:00-5:00 pm |
| <input type="checkbox"/> <u>Youth C (12-14) Fitness Class</u> | Tuesday & Thursday from 5:00-6:00 pm |
| <input type="checkbox"/> <u>Other</u> | *If determined by Coach Ben Rayland |