

YOUTH CLASSES

Cool Twos -Taught by Meriane Martin

Ages: 18 months to 2 years (*parent or guardian must stay*)
Village Recreation Building (Stickley Drive)
Mondays • 9:15 to 10:15am

Session I: September 12th thru October 24th (*No class 10/10*)

Session II: October 31st thru December 12th

Session III: January 9th thru February 27th

Program includes circle time, puppets, games, songs, arts and crafts, and group socialization with play time. *There are 6 classes per session.*

\$35.00 Village residents • **\$45.00** Non-Village residents

Phonics & Fun -Taught by Meriane Martin

Ages: 2-5 years (*parent may drop off child for program*)
Village Recreation Building
Tuesdays **AND** Thursdays • 9:00 to 10:30am

Session I: September 13th thru October 13th (*No classes 09/29 & 10/11*)

Session II: October 18th thru November 10th

Session III: November 15th thru December 20th (*No class 11/24*)

An interlocking program of phonics and math, arts and crafts, games, songs and more. Call now, space is limited! *There are 8 classes per session.*

\$38.00 Village residents • **\$48.00** Non-Village residents

Fun with Food -Taught by Mary Snell

Age: 2-6 years (*parent or guardian must stay*) Village Recreation Building
Wednesdays • 9:00 to 10:00am

Session I: September 14th thru November 2nd

Session II: November 9th thru December 21st

Come learn how to create yummy treats you can make at home too! *There are 8 classes per session.*

\$40.00 Village residents • **\$50.00** Non-Village residents

Theatre Workshop -Taught by Moira Kelly

Ages: Grades 2nd-5th • Village Centre Auditorium
Thursdays • 4:00 to 5:30pm

Session I: September 15th thru October 27th

This workshop will include creative dramatics, improvisations and storytelling to develop skills and engage the imagination. A variety of warm-ups and theatre games will be used to establish characters and setting while teaching the basics of staging and projection. Final class will include a class observation/presentation. *There are 8 classes per session.*

\$45.00 Village residents • **\$55.00** Non-Village residents

ADULT CLASSES

Hip Hop Hustle -Taught by Sonja Burns

Ages: 18 years and up • Manlius Village Centre Auditorium
Wednesdays • 6:00 to 7:00pm

Session I: September 14th thru October 26th

Session II: November 2nd thru December 21st (*No class on 11/23*)

A pre-designed Hip Hop hustle dance class. Hip Hop takes the fun factor up a notch with super hot moves that will leave everyone wanting more. *There are 9 classes per session. No experience required.*

\$45.00 Village residents • **\$55.00** Non-Village residents

ADULT CLASSES

Yoga -Taught by Chris DeAmicis

Ages: 18 years and up • Manlius Village Centre Auditorium
Tuesdays • 7:00 to 8:00pm

Session I: September 13th thru November 1st

Session II: November 8th-December 20th (*No class on 11/22*)

Thursdays • 7:15 to 8:15pm

Session IV: September 15th thru November 13th

Session IV: November 10th thru December 22nd (*No class on 11/22*)

Reduce stress, while improving your balance, flexibility and strength through the practice of Yoga. Please bring a mat. *There are 9 classes per session. No experience required.*

\$45.00 Village residents • **\$55.00** Non-Village residents

Zumba -Taught by Chris DeAmicis

Manlius Village Centre Auditorium • Ages: 18 years and up
Tuesdays • 6:00 to 7:00pm

Session I: September 13th thru November 1st

Session II: November 8th thru December 20th (*No class 11/23*)

Join Zumba, the latest, hottest class to sweep the fitness world. Move to the energizing rhythm of Latin music. Have fun while working out and burning calories. Zumba is user friendly and easy to follow. Wear sneakers and bring a water bottle :-)

\$55.00 Village residents • **\$65.00** Non-Village residents

Zumba Challenge -Taught by Chris DeAmicis

Manlius Village Centre Auditorium • Ages: 18 years and up
Thursdays • 5:45 to 7:15pm

Session I: September 15th thru November 3rd

Session II: November 10th- December 22nd (*No class 11/24*)

This class is a combination of Zumba Toning and of Zumba. Zumba Toning uses light weight toning sticks and an innovative muscle training protocol. Attend only the Zumba Toning portion of the class, or challenge yourself and participate in 90 minutes of fun! Bring a water bottle and wear sneakers. Toning sticks can be purchased from the instructor at the first class for \$20.

\$55.00 Village residents • **\$65.00** Non-Village residents

Yoga Balance -Taught by Sonja Burns

Ages: 18 years and up • Manlius Village Centre Auditorium
Wednesdays • 7:00pm-8:00pm

Session I: September 14th thru October 26th

Session II: November 2nd thru December 21st (*No class 11/23*)

Yoga balance is a class that will bring you into a centered state of peace and calm. You will find yourself relax and release into the gentle flow of yoga postures. You will come alive in this class and reignite your inner power.

\$45.00 Village residents • **\$55.00** Non-Village residents

Registration Information

Complete registration information is on the back cover. Go to www.manliusvillage.org to upload a registration form.

EVENTS & PROGRAMS

Village Fishing Derby

September 17th • 9:00 to Noon • Age: 3 to 12 years

Registration is on the Derby day beginning at 8:30am.

This FREE, fun, family event is open to boys and girls age 3 to 12. The FM Rod & Gun Club is the Fishing Derby official sponsor.

Come catch the “big one” at the Village of Manlius Centre Pond. Awards for the heaviest fish in 6 different age categories. The Fishing Derby will go on rain or shine! **All fish caught must be kept. Single hooks only** and you must provide your own bait.

Parents Night Out!

September 16th, October 21st, November 18th and December 16th • 6:00 to 9:30pm

Ages: 5 and up • Village Centre Gymnasium

Drop your children off with us and enjoy the evening. Program includes pizza, games, crafts and a movie. Multi-child discounts are available, call 315.682.7887 for details.

\$8.00 Village residents • **\$13.00** Non-Village residents

Ghosts & Goblins Halloween Party

Saturday • October 29th • 4:00 to 7:00pm

Manlius Village Centre Grounds

Put on your Halloween costume and join us for pumpkin painting, scary stories, trick or treating and much more at our first annual Parks & Rec's Ghosts and Goblins Halloween Party! Fun for ALL ages. The costume parade will begin at 6:00pm followed by the costume contest... It will be spooktacular!

The event is free; but pumpkins are \$2.00.

Annual Ski & Skate Sale

Saturday • November 19th • 10:00am to Noon

Manlius Village Centre Auditorium

Come and purchase everything you need for your Winter sports, or just bring your used equipment to sell! Accepting items for sale at the Parks & Recreation office Thursday, November 17th from 1:00 to 4:00pm and 5:30 to 7:30 as well as Friday, November 18th from 9:00am to 4:00pm.

Christmas Tree Lighting & Winter Festival

Sunday • December 4th • 2:00pm • Manlius Village Centre

Festivities begin at 2:00pm with crafts, ice sculpting, horse draw carriage rides and more! Story time with Ms. Karen from the Manlius library at 3:30pm followed by the tree lighting and a beautiful choral concert by the Eagle Hill middle school. Plus a visit from two very special people from the North Pole!

Homework Helpers

Every Monday and Wednesday until the holiday break.
3:00 to 5:00pm

Ages: Grades 1st to 8th • Village Centre Gallery Room

Drop into this program any day your student needs help with their homework. This program is open to any child, in any school district. Call for bussing info. **Students charged per session.**

\$6.00 Village residents • **\$8.00** Non-Village residents

Volunteer as a tutor today! Call 315.682.7887 for details.